



Product Name:	Pure Dark Ginger Sugar
Country:	Taiwan
Code:	NGT100
Attributes:	
Storage:	Room Temperature
Category:	women+, immunity



Small - S	Medium - M	Large - L	Case - W
350g	800g	1600g	
\$12.99	\$27.99	\$40.99	

Nutrition Facts Valeur nutritive

Per 1 tsp (4 g)
pour 1 c. à c. (4 g)

	% Daily Value*
	% valeur quotidienne*
Calories 15	
Fat / Lipides 0 g	0 %
Saturated / saturés 0 g	0 %
+ Trans / trans 0 g	
Carbohydrate / Glucides 4 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 4 g	4 %
Protein / Protéines 0 g	
Cholesterol / Cholestérol 0 mg	
Sodium 2 mg	0 %
Potassium 0 mg	0 %
Calcium 0 mg	0 %
Iron / Fer 0 mg	0 %

*5% or less is a little, 15% or more is a lot
*5% ou moins c'est peu, 15% ou plus c'est beaucoup

Recommended Daily Usage: Up to 1 tsp (4 g)

Low Glycemic Index	Low in Sodium	Salt Free	Vitamin A	Vitamin E	Beta-Carotene	Copper	Omega 3	High in Antioxidants	Organic
Low in Calories	Cholesterol Free	Sugar Free	Vitamin K	Riboflavin	Iron	Phosphorus	High in Fiber	Raw	Low in Carbohydrates
Fat Free	Wheat Free	Vitamin C	Vitamin B6	Calcium	Lysine	Potassium	High in Monosaturated Fats	Sproutable	Low in Fat
Gluten Free	Natural Sweetener	Vitamin D	Vitamin B12	Magnesium	Zinc	High in Protein	Sundried	Folate	Biotin
Lycopene	Niacin	Lutein & Zeaxanthin	Choline	Selenium	Arginine	Lysine	Methionine	Tryptophan	Tyrosine

Product Description:

Ginger powder from a special type of non-fibrous ginger from Taiwan, and is mixed with dark sugar. To be eaten directly and not recommended to be cooked or add into tea. It will make your body feel warmer. Store in a cool, dry place.

Benefits:

- Dark ginger sugar contains a considerable amount of molasses, which may contain a trace of minerals such as iron, calcium, and potassium.
- Ginger powder is made with a low-temperature dehydration method to preserve the flavour and bioactive compounds of the ginger.
- Dark ginger sugar is a strong warming food that promotes blood circulation, digestion, respiratory system, and nervous system.

Product Function:

- Traditional oriental medicine uses unrefined sugar to nourish spleen, stomach, kidney, and liver. It is believed that sugar has a mild pain-relieving effect.
- The molasses in dark sugar is a warming food that is a blood tonic and a source of chi that nourishes spleen, stomach, kidney, lungs, and liver.
- Dark ginger sugar can be effective in reducing the intensity and length of menstrual cramps.
- Studies show that ginger is beneficial for people with type 2 diabetes by improving blood glucose regulation, insulin sensitivity, and lipid profile.
- Ginger is effective in alleviating motion sickness, morning sickness, nausea, arthritis, migraine, headache, dysmenorrhea (painful menstrual cramp), and premenstrual syndrome (PMS).

Nutrition Fact Sources:

Benefits Sources: Wood, R. (2010). The new whole foods encyclopedia: A comprehensive resource for healthy eating. New York, NY: Penguin.

Rahnama, P., Montazeri, A., Huseini, H. F., Kianbakht, S., & Naseri, M. (2012). Effect of Zingiber officinale R. rhizomes (ginger) on pain relief in primary dysmenorrhea: A placebo randomized trial. BMC Complementary and Alternative Medicine, 12(1). doi:10.1186/1472-6882-12-92

Khayat, S., Kheirkhah, M., Moghadam, Z. B., Fanaei, H., Kasaeian, A., & Javadimehr, M. (2014). Effect of Treatment with Ginger on the Severity of Premenstrual Syndrome Symptoms. ISRN Obstetrics and Gynecology, 2014, 1-5. doi:10.1155/2014/792708

Zhu, J., Chen, H., Song, Z., Wang, X., & Sun, Z. (2018). Effects of Ginger (Zingiber officinale Roscoe) on Type 2 Diabetes Mellitus and Components of the Metabolic Syndrome: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. Evidence-Based Complementary and Alternative Medicine, 2018, 1-11. doi:10.1155/2018/5692962



产品名:	纯正姜黑糖
产地:	台湾
产品号:	NGT100
认证:	
储存方式:	室温
分类:	女性健康, 免疫力



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Lycopene	Niacin	Lutein & Zeaxanthin	Choline	Selenium	Arginine	Lysine	Methionine	Tryptophan	Tyrosine

产品介绍:

以来自台湾的特殊非纤维姜的生姜粉与黑糖混合而成。可直接食用，不建议煮熟或加入茶。能让身体感觉更暖和。

产品好处:

有利于血液循环

产品功能:

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